



CONNECTICUT ASSOCIATION FOR Infant Mental Health

Promoting, supporting and strengthening children's earliest relationships,
prenatal to age six

www.ct-aimh.org

CT-AIMH 2025 FALL CONFERENCE



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Lanh T, Durlak, LMHC, NCC, IMH-E®

Communication as a Way of Being: Language that Fosters Partnership in Early Relational Health

The purpose of this day of learning is to ground ourselves in relationship-based practice that understands that “language can hurt or heal” while also tuning in to the self of the practitioner. The authors of “My Hero’s Journey” Workbook will facilitate a reflective space to unfold our own self-awareness about the words we choose when working with infants, young children, and their families.

THURSDAY

NOVEMBER 20, 2025

8:30AM-4:00PM

BREAKFAST & LUNCH PROVIDED

IN-PERSON

THE WOODWINDS

29 SCHOOL GROUND RD

BRANFORD CT 06405

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*6 NASW Credits Pending

*Simultaneous Spanish Interpretation will be available