

Summer 2011

# CT-AIMH Member News



~ Items of Interest from the Connecticut Association for Infant Mental Health ~

CONNECTICUT ASSOCIATION  
FOR INFANT MENTAL HEALTH

## CT-AIMH Membership Update: A Record Number

Our membership is growing! We are excited and thank you for your continued interest in infant/early childhood mental health.

For 2011, we have 18 agency members that include 123 individuals and 40 independent/individual members for a total of 163.

Not a member yet? There is still time to join for 2011 so you will be eligible to receive the fall conference discount.

Just complete the membership application, make your check out to "CT-AIMH" and mail both to:

Kareena DuPlessis, Director  
Child Development Infoline  
1344 Silas Deane Highway  
Rocky Hill, CT 06067  
phone: 860-571-7530  
fax: 860-571-6853

**\* New Membership Policy:**  
Agency membership may not be substituted after September 1, 2011. Agencies may continue to add members but not replace them with other individuals.

## Committee Reorganization: We Need You!

The CT-AIMH has a business plan and it includes you. We are reorganizing our committees to grow our organization and strategic initiatives. The first meeting for committees will be on October 17 at 4:00 p.m. at United Way in Rocky Hill, 4th floor, MacElwee Room. To join one of the committees, please contact us at [ctaimh@yale.edu](mailto:ctaimh@yale.edu). Committees include:

**Advocacy and Public Awareness:** Focusing on raising public awareness of and advocating on behalf of infant and early childhood mental health issues.

**Fund Development:** Generating earned income, contributed income.

**Marketing and Membership:** Spreading the word about CT-AIMH and its role/impact; and on increasing individual organization members who support the association.

**Organizational Development and Effectiveness:** Helping the Board transition from an exclusively volunteer-led organization to one that effectively balances volunteer support with paid professional staff.

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### Committee Reorganization, *cont.*

#### **Workforce Development:**

Advancing professional development and capacity building related goals of the association, particularly with respect to competency guidelines and endorsement. (This committee is the Competency Planning Consortium with many active members.)

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We are grateful to the Child Health and Development Institute/Children’s Fund of CT for its support of our Business Plan Development and to **Linda Campanella** for assisting in developing the plan.



### World Association for Infant Mental Health (WAIMH)

The 13th WAIMH World Congress will be held in Cape Town, South Africa on April 12-21, 2012.

*Babes in Mind—The Minds of Babies: A View from Africa* is the theme. Deadline for submission of abstracts is September 15, 2011.

For more information or to join WAIMH and receive its publication “*The Signal*,” visit [www.waimh.org](http://www.waimh.org).



### Endorsement Registry

Nine people in Connecticut now hold the Endorsement for Culturally Sensitive, Relationship-Focused Practice Promoting Infant Mental Health®.

Added to our growing registry are **Lois Davis, Ph.D.** IMH-E(IV) Clinical and **Tanika Simpson, MSW**, IMH-E (III). Congratulations.

See the complete list on our website [www.ct-aimh.org](http://www.ct-aimh.org)



### Check This Out...

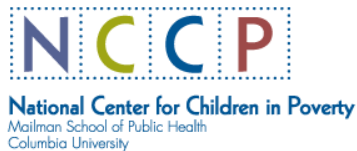
For important information to share with your families go to [ZEROTOTHREE.org](http://ZEROTOTHREE.org) and search for Baby Steps.

This web site offers current sensitive and responsive developmental information and guidance for families raising their young children including an online parenting bulletin that you can sign to receive.

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**Check This Out, cont.**

Also, from the National Center on Children in Poverty, a recent paper on *Building Strong Systems of Support for Young Children’s Mental Health: Key Strategies for States and a Planning Tool*.



Connecticut is referred to in three sections describing our Early Childhood Mental Health Consultant Partnership, our CT Association for Infant Mental Health and Help Me Grow. A very good read. [http://nccp.org/publications/pdf/text\\_1016.pdf](http://nccp.org/publications/pdf/text_1016.pdf)

**Join Us to Learn More About Infant/Early Childhood Mental Health**

Our fall series on *Knowledgeable and Skillful Practice to Support Your Work with Infants and Toddlers* continues on September 9 and 23 and October 14 and 28, 2011. The topics are:

**September 9: Observation & Assessment of Infants & Toddlers: Focusing on Their Relationships** - Presenters Darcy Lowell, MD and Director of Child FIRST, Kim Shepardson Watson, LCSW, IMH-E(IV) and Heather Bonitz Moore, MS, ATR-BC, LPC.

**September 23: Identification of Risk Factors & Disturbances in Young Children** - Presenter Dr. Rebecca Parilla, clinical psychologist and consultant.

**October 14: Using Culturally Sensitive, Relationship Focused Practice to Promote Infant Mental Health** - Presenters Catherine O'Brien, MA IMH-E(IV) and Anne Giordano, MA, Endorsement Coordinator, CT-AIMH.

**October 28: Couples and Family Relationships: Impact on Infant Mental Health** - Presenter, Nancy Close, Ph.D. IMH-E(IV) clinician and educator, Yale Child Study Center.

To register now for the fall series go to: [www.ct-aimh.org](http://www.ct-aimh.org)

These topics are aligned with the CT-AIMH Competency Guidelines for Endorsement in Culturally Sensitive, Relationship-Focused Practice Promoting Infant Mental Health.

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The **2011 Fall Conference** will be two days this year, **November 16 and 17** in Branford, Connecticut at The WoodWinds.

Our keynote speakers will be **Dr. Roseanne Clark** from the University of Wisconsin and **Julie Ribaud**, **LCSW**, from the School of Social Work at the University of Michigan.

- see "Fall Conference" on next page

### Connecticut Association for Infant Mental Health

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#### Newsletter Editors:

Kevin J. Sullivan & Margaret C. Holmberg



CONNECTICUT ASSOCIATION FOR INFANT MENTAL HEALTH

### CT-AIMH 2010-11 Officers and Board of Directors

The officers elected at the June Board of Director's meeting are:

**President:** Margaret Holmberg  
**Vice President:** Tanika Simpson  
**Secretary:** Kareena Duplessis  
**Treasurer:** Nancy Canata

#### Board of Directors:

- ◆ Marianne Barton
- ◆ Joanna Bogin
- ◆ Margaret Briggs-Gown
- ◆ Lois Davis
- ◆ Darcy Lowell
- ◆ Aileen McKenna
- ◆ Joann Robinson
- ◆ Susan Vater

### For Membership Information:

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### Fall Conference, *cont.*

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Conference fees for the two-day event will be \$125 for members and \$165 for non-members. There will also be one day rates and discounts for students and parents of young children with social/emotional concerns. **Watch for registration information coming soon.**

We will have space available for a small number of vendors at our Fall Conference who register and pay a conference registration fee. If you are interested in a vendor table, please e-mail [ctaimh@yale.edu](mailto:ctaimh@yale.edu).

The Connecticut Association for Infant Mental Health provides statewide opportunities to enhance knowledge and to promote a positive influence on the social-emotional health and development of infants, young children and their families.

