

CHARLOTTE HUNGERFORD HOSPITAL

Child First: Torrington, CT

Child First Early Childhood Mental Health and Developmental Clinician

POSITION SUMMARY/PURPOSE

Child FIRST (Child and Family Interagency Resource, Support, and Training) is a model home-based early childhood intervention, embedded in a system of care, that works to decrease the incidence of serious emotional disturbance, developmental and learning problems, and abuse and neglect among the most vulnerable young children and families. The Child FIRST Early Childhood Mental Health and Developmental Clinician will provide intensive, home-based, caregiver-child psychotherapy with families with multiple challenges, as part of a team with a Child FIRST Care Coordinator. This will include comprehensive assessment of child and family strengths and needs and development of a comprehensive, coordinated family-driven Child and Family Plan of Care. S/he will also provide child specific mental health consultation in early care and/or educational sites, as appropriate, and collaboration with all other service providers working with the family.

ESSENTIAL FUNCTIONS

- 1) Engage with family in a comprehensive assessment of the strengths and needs of the child and family, including completion of all required assessment measures.
- 2) Provide Child FIRST intensive, home-based mental health intervention with young children and their parents using relational, parent-child, dyadic psychotherapy and other modalities.
- 3) Use video to document aspects of the Child FIRST intervention both as a therapeutic modality and to enhance the process of reflective supervision.
- 4) Work in the home in close partnership with a Child FIRST Care Coordinator.
- 5) Work flexible hours to meet the needs of families, at least one evening.
- 6) Provide mental health and developmental assessment and consultation within early care and education and kindergarten.
- 7) Develop comprehensive, well-coordinated, family-driven Child and Family Plan of Care, in partnership with the Care Coordinator, the family, and chosen service providers.
- 8) Participate in Child FIRST weekly, individual, team, and group clinical reflective supervision.
- 9) Complete monthly metrics and work to improve performance.
- 10) Enter all outcome measures in Child FIRST cross-site database.
- 11) Complete all Child FIRST Fidelity Assessments in order to monitor and maintain fidelity to the Child FIRST model.
- 12) Keep all appropriate documentation for clinical accountability and reimbursement.
- 13) Submit all necessary documentation for reimbursement for services in a timely manner.
- 14) Work closely with the DCF staff and with other community service providers as most appropriate to meet the needs of the child and family.
- 15) Participate in collaborative meetings, conferences, and trainings as appropriate.
- 16) Work under the direct supervision of Child FIRST Clinical Director.
- 17) Attend 90% of Learning Collaborative sessions, specialty and quarterly trainings, and the Child FIRST Annual Conference.
- 18) Displays and upholds CHH core values of dignity, compassion, service excellence, community and integrity. Consistently demonstrates caring for patients, for one another, and for the organization they are part of, and contributes to building trust, pride and camaraderie.

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JOB KNOWLEDGE, SKILL REQUIREMENTS, AND DESIRED ATTRIBUTES

- Strong commitment to the vision, mission, and goals of Child FIRST.
- Nurturing, flexible, and self-reflective.
- Highly organized, self-motivated, flexible, and able to work as part of a team.
- Excellent oral, written, and computer skills, especially Word and Excel.
- Spanish speaking preferred

EDUCATION

MSW

Licensed preferred (LCSW, LMFT, LPC)

EXPERIENCE

- Knowledge of early childhood development and disability, especially emotional development and mental health; parent-child relationships and attachment theory; effects of trauma, depression, and other environmental risks on early childhood brain development; family systems; adult psychopathology; psychopharmacology; and diagnostic classification of young children and adults.
- Experience working psychotherapeutically with children and families, including parent-child therapeutic work and play therapy with very young children (0-5 years), for a minimum of three years.
- Experience providing mental health assessment and consultation to early care and education providers.
- Experience working with adults with mental health and cognitive challenges.
- Knowledge and experience working with diverse cultures and ethnicities.
- Experience providing intervention within home and community settings.

Please apply at: www.charlottehungerford.org

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