

CT-AIMH Competency Planning Consortium: Training Sub Committee Report 2/28/2011

Members:

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Co-Chairs:

Kathleen Bradley (DCF, Early Intervention Prevention Unit) and Liz Bicio (ABH-ECCP Program Manager)

Meetings:

The subcommittee met from 2/10/09 to 11/2/2010

Goal:

To survey the early childhood and mental health provider communities to learn of Connecticut's current capacity related to the available trainings of Infant Toddler Mental Health. The survey is intended as a snap shot and to help discover any gaps in the workforce development/continuing education for this provider population.

Activities:

- 1. Researched other Early Childhood Mental Health Competencies and Trainings-California-Colorado, etc.
- 2. Developed a Training Summary Form to be completed by trainers of trainings where Infant Mental Health is the topic.
- 3. Asked key agencies to complete a training summary for each eligible training.
 - a. Identify up to 2 competencies
 - b. Select only up to 2 consecutive audience levels. Excepting mandatory trainings such as 136, HIPAA, etc.
 - c. Select applicable foundation categories: Trauma, Separation, Loss, Attachment, Culture Competency, and Relationship-Based. (Consider 1. Social Emotional Development, 2. Relationship Based, and 3. Culturally Competent.)
- 4. Received responses from 11 different lead agencies in the state.

- 5. Received and categorized training summaries for 80 unduplicated trainings.
- 6. Completed Final Summary Report in categorizing each training according to the Competency Content and Audience Level they cover.

Summary of Findings:

Connecticut appears to be very rich in resources related to trainings and training capacity for Infant and Early Childhood Mental Health. Connecticut has a variety of Early Childhood programs that have incorporated trainings into their mission/work. In addition, based on the 11 agencies who participated, Connecticut appears to be open in their collaboration efforts and in their ability to be flexible in the creation of needed trainings for a variety of topics as well as target audiences. While this report only represents a sampling of Connecticut's trainings within a specific time period, it is evident that Connecticut has the current capacity to provide many of the training resources needed to support individuals interested in pursuing an endorsement in Infant Mental Health.

Recommendations:

A. Training Summary Form

- 1 May be utilized to help identify trainings and trainers of Infant Mental Health
- 2 Interested trainers can submit training summaries to be posted on the CT AIMH web site calendar.
- 1. Endorsee's may use the web site training section as a resource for identifying trainers/trainings that may help fill in any gaps in their portfolio.
- 2. Forms may also be used by trainers to hand out during their trainings to describe the training and/or incorporated into an end of training questionnaire/survey where attendees can identify the competencies they believed the training focused upon. Such forms may be used by those seeking endorsement to include in their portfolio.
- 3. Training Summaries can be made available to endorsee advisors/mentors (esp. level I and II) to aid in the process of determining whether or not they sufficiently meet credential requirements.

B. Gaps in Trainings

 Seek out trainings in the following topic areas: Pregnancy and Early Parenthood(Level I,II, and III) and Disorders of Infancy and Early Childhood Mental Health(Level II and III)

C. Training Development

1. Consider the development of an orientation or overview training related to the Infant Mental Health Credential, where endorsement candidates can learn about the competencies, receive an overview of Infant Mental Health and begin the application process.

This concludes the work of the Infant Mental Health Endorsement Training Sub-Committee. As Committee Co-Chairs we would like to express our gratitude to all of the Sub-Committee members for the resources they brought to the table and for their hard work and dedication.