



## Getting Started: Infant Mental Health Mentor

Infant Mental Health Mentor (IMHM), applicants are expected to demonstrate leadership in the promotion and practice of infant mental health (IMH). The examples below are for Clinical, Policy or Research/Faculty. This list is not all-inclusive and applicants do not need to engage in all of the activities in order to earn Endorsement® as an IMHM.

- Organize/facilitate reflective practice groups and/or IMH study groups
- Participate in system of care planning initiatives
- Participate in planning for regional, statewide, and/or national IMH-specific conferences
- Represent IMH interests in planning for National Early Childhood, Social Service, Child Welfare, Behavioral Health and Public Health conferences
- Work to increase the preference for endorsed personnel in contracts for services, child care rating schemes
- Work to address reimbursement issues for IMH services
- Leadership in local/state IMH association
- Provide leadership in graduate certificate IMH programs
- Participate in inter-departmental efforts to integrate IMH competencies into appropriate syllabi
- Participate as a member of doctoral candidate's committee when IMH-related topics are proposed
- Publish (Zero to Three, Infant Mental Health Journal, Infant Crier, Child Development, etc.) on topics related to the promotion or practice of infant mental health
- Provide feedback to state agencies on current & proposed policies that promote IMH practices
- Provide presentations on IMH, its importance, and its role in all early childhood disciplines/systems
- Participate in planning groups promoting IMH within early childhood systems
- Participate in regional, state, and national-level policy making groups, representing IMH principles
- Publish Policy Briefs, White Papers, or Position Statements addressing IMH
- Provide analysis of the impact of proposed legislation or policy on the populations served through IMH service delivery systems
- Assist in CT-AIMH Endorsement® exam development by writing vignettes or multiple choice questions or by field-testing vignettes/multiple choice questions
- Assist with the Endorsement® process by being an EASy Application reviewer