

Connecticut Association of Infant Mental Health
2009 Year in Review

The Connecticut Association for Infant Mental Health continues to be a voice for the healthy social and emotional wellness and development of infants and young children with their families and caregivers. 2009 has laid the groundwork for ground breaking work in workforce development with an emphasis on building competencies of all who work with infants and young children and their families. Specifically in 2009 CT-AIMH:

- Received 5013C status.
- Supported the work of the CT-AIMH Competency Guidelines Planning Consortium to promote the Competency Guidelines for Culturally Sensitive, Relationship-Focused Practice Promoting Infant Mental Health in CT.
 - Developed a training survey and training description to identify trainings available that relate to the Competencies.
 - Developed a Frequently Asked Questions concerning the Competencies.
 - Completed a survey of clinicians providing services to infants/young children and their families
- Moved Competency work forward and purchased license to offer an Endorsement in Infant Mental Health in CT (10 people are initiating the process and working toward endorsement from MI-AIMH).
- Began work on a Strategic Plan for Infant/Early Childhood Mental Health (in process).
- Became part of the Department of Social Services Infant/Toddler Initiatives.
- Met with Congresswoman Rosa DeLaura and produced a document with Janice Gruendel for use at the Baby Caucus in Washington, D.C. (posted on www.ctaimh.org)
- Held 2009 Annual Meeting in conjunction with the first 2-day conference in CT focusing on early childhood mental health sponsored by Building Blocks, a SAMHSA initiative of the Southeast Mental Health System of Care.
- Sponsored a very inspiring fall conference on Reflective Practice with Janet Dean.
- Continue to be part of the League of States (those states offering an endorsement in Infant Mental Health) and 4 people attended its meeting in Dallas prior to Zero to Three NTI. Attendance was supported by Child Health and Development Institute.
- Began negotiations for administrative space for CT- AIMH.
- **SAVE THE DATE – November 18, 1010, Fall Conference at Woodwinds in Branford, CT.**