



**CONNECTICUT ASSOCIATION  
FOR INFANT MENTAL HEALTH**

**CT Association for Infant Mental Health**

**Fall 2007 Conference**

**November 15, 2007**

**8:15 a.m.-3:30p.m.**

**Woodbridge Country Club**

**Woodbridge, CT**

**Dr. Jean Kelly**

**Co-director of the Center on Infant Mental Health and Development at the University of Washington and director of Promoting First Relationships, a training program for service providers**

**SUMMARY OF CONTENT**

Promoting First Relationships (PFR) is designed to strengthen caregiver-child relationships that promote secure attachment in infancy and healthy individuation during toddlerhood. The PFR program combines training strategies, a curriculum program, and qualitative and quantitative research. The interactive presentation by Dr. Jean Kelly will feature application of PFR, videotaped interactions, and case discussion.

Three leading practitioners in Connecticut will facilitate break out groups in the afternoon with participants attending 2 (one at each of two times). The break out groups will allow for reflection on the morning's presentation guided by leaders who have intervention experience with caregivers and young children. The second break out time will have a focus from the families perspective. Dr. Jean Kelly will circulate through the groups and participate in the discussions throughout the afternoon.

**OBJECTIVES**

1. Apply a foundational knowledge of social- emotional development to promote secure and healthy relationships between caregivers and young children.
2. Practice use of a positive, strengths-based model of intervention and consultation strategies to positively influence caregiver behavior.
3. Utilize a deep understanding of infants' and toddlers' behaviors, feelings, and needs to address children's challenging behaviors.
4. Share specific examples of first relationship issues by practitioners and families and apply principles from main presentation in the discussion.